



Community Hub

CMHA Durham – Helping People Move Forward



ACCREDITATION
CANADA
Better Quality. Better Health.

CMHA Durham is accredited with Exemplary Standing

CMHA Durham

60 Bond Street West, Oshawa



Population Demand

- The population of Durham Region was 651,000 in 2013 and is growing by about 6,000 residents/year.
- 1 in 5 of those 15 years or older will have a mental health or substance abuse problem in their lifetime.

CMHA Durham is a Community Hub



We are a community mental health and primary care centre that facilitates a range of coordinated health services for our clients and their families in Durham Region.

Our integrated hub increases service efficiency and effectiveness through a wrap around, seamless approach to client care.



Community Hub Model - Canadian Mental Health Association Durham



- Housing
- Nurse Practitioner-Led Clinic
- ACT and TRHP Teams
- Onsite Food Bank
- Community Wellness Life Skills and Day Program
- Youth Services
- Facilities and Property Management
- Seniors Programming
- Peer, Family and Caregiver Services
- Quality and Risk Management
- Corporate Services
- Public Relations and Education and Training
- Community Treatment Order Team
- Criminal Justice Services
- Community Access Services
- Short and Long Term Case Management
- Onsite Public Pharmacy



Programs at CMHA Durham are Hubs Within Hubs



Impact of CMHA Durham's Hub Model

Today and, more importantly, tomorrow, successful health care providers must be:

- Fully engaged
- Accountable



Integrated Provider Services Occur Through

Workers who operate through formal agreements within our facilities to provide services:

- Community Treatment Orders: Lakeridge Health & Ontario Shores
- Housing Case Management: Ontario Shores, LHO Pinewood
- Community Wellness Making Connections Clarington in Bowmanville: Ontario Shores & Community Care Durham
- Nurse Practitioner Led Clinic: Lakeridge Health

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Providing Efficient Services with Cost-Effective Results

CMHA Durham's Hub has extensive community and allied health services partnerships to provide efficient, cost effective community services.



Community Access Services



Community Wellness Services



Nurse Practitioner-Led Clinic



Nurse Practitioner-Led Clinic Services

Nicotine Replacement Therapy (NRT)

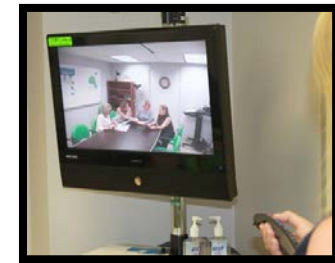
- In partnership with Centre for Addiction and Mental Health(CAMH), University of Ottawa Heart Institute and the Durham Region Health Department
- 26 weeks free NRT and specialized counselling to quit tobacco use
- Actual cost of NRT for 26 weeks can range from \$1200-\$2300



Nurse Practitioner-Led Clinic Partnerships

Ontario Telemedicine Network (OTN)

- Video-conferencing technology reduces need for client travel
- More timely access to a range of Specialists
- Partnerships to provide key mental health services such as Psychotherapy and Psychiatry
- Supported by Ministry of Health & Long Term Care (MOHLTC)



Acupuncture

Clients can receive acupuncture for \$20 per session.
(Regular price is about \$60 per session.)



Free Foot Care Services



Bond Street Pharmacy

Onsite Pharmacy Staff



Dental Hygienist



Corporate Services

Facilities and Property Management Services

- ensure cost savings through efficient and effective management strategies

Residential and Case Management Support

Residential Support for Safe Affordable Housing

- Through case management and rent subsidies in partnership with Region of Durham and MOHLTC
- 325 residences are currently being supported/subsidized throughout the Region



Not-for-Profit Enterprises

Our Enterprises work with a broad base of community businesses, social and for-profit housing developers to:

- Increase successful housing opportunities
- Reduce homelessness
- Facilitate Hub Model services

Mahogany Management

Ritson Road Residence – Coming December 2016



Centre Street Lofts

54 Centre Street, Adjacent to our 60 Bond Street office



Public Relations Cost-Effective Programs

Flagship Community Education Programs

- Living Life to the Full
- Suicide safeTalk
- Mental Health Works
- Psychological Safety & Compassion Fatigue
- Mental Health First Aid
- Applied Suicide Intervention Skills Training

Group rates available



Helping People Move Forward

CMHA Durham's Community Hub

- Engages with mainstream and non-traditional partners in innovative ways
- Thinks creatively about funding-beyond typical funding strategies
- Carefully assesses risks to ensure confident action and success

Contact Us

If you require any further information on the variety of services provided at CMHA Durham please visit our website at cmhadurham.ca or email cmha@cmhadurham.org or call (905) 436-8760.

