



Job Title: Registered Practical Nurse

Program: Nurse Practitioner Led Clinic (NPLC)

Reports to: Nurse Practitioner & Clinic Lead, NPLC and Administration Manager, NPLC

Canadian Mental Health Association Durham is an integrated community mental health and primary care hub that has been providing mental health services to Durham Region for over 55 years.

During that time, it has evolved to provide a broad range of services to individuals and their families experiencing mental health challenges, from information and education to case management, psychosocial rehabilitation, housing and primary healthcare. These services are provided through inter-professional teams focused on providing clinically based services that, in addition to dealing with client mental health issues, address social determinants of health using the recovery model.

The Nurse Practitioner Led Clinic is looking for a Registered Practical Nurse to join the team.

Responsibilities

- Participates to full scope as a member of a clinical team providing nursing services for all clients
- Functions within the CMHA Durham hub model in all daily encounters
- Completes comprehensive assessments including initial assessments, introductory visits, focused physicals, etc.
- Performs comprehensive mental health assessments
- Performs assessments that are holistic and include all medical, psychiatric and social domains
- Prepares individualized nursing care plans that reflect the client's goals
- Provides information and resources regarding prevention, healthy lifestyle, sexually transmitted diseases, diabetes, nutrition, alternative lifestyles, chronic diseases and terminal illnesses as appropriate
- Participates in treatment monitoring and evaluation of care
- Educates clients on their medication, including side effects, drug/alcohol interactions to foster adherence
- Performs venipuncture and ECG's
- Performs addictions services including counselling (individual, group), withdrawal management, follow up's etc.
- Exchanges and/or transfers new knowledge about evidenced-based practices within the team
- Administers medication/treatments (including IM route) to clients and completes/maintains appropriate documentation
- Manages multiple nursing interventions simultaneously in rapidly changing situations
- Directs plans of care for highly complex clients
- Assists in the development and revision of organization's policies related to nursing health care
- Provides linkages to health care professionals and community resources for further, or more complex, medical challenges
- Assesses the significance of changes in the clients clinical status and intervenes, when necessary, in order to minimize risk to client and staff

- Documents client contact using clinical methods and within predetermined time frames in accordance with CMHA Durham policies and procedures
- Performs other tasks as assigned by management

Requirements

- Registered Practical Nurse Diploma and a minimum of two years' of related mental health experience or equivalent combination of education and experience
- Membership in the Ontario College of Nurses' Association and the Registered Practical Nurses' Association of Ontario
- Knowledge of the Mental Health Act, Health Care Consent Act, Internal agency and other related legislation in Ontario
- Sound knowledge of psychotropic medications including usage and potential side effects
- Experience with phlebotomy is an asset
- Ability to develop and maintain positive relationships clients, community, partners, staff and represent the agency in a professional manner at all times
- Ability to acquire and utilize community resources effectively to meet client's needs
- Excellent communication (written and verbal) skills and ability to formally present information to individuals or groups in order to develop, implement and monitor nursing care plans and attend meetings
- Ability to resolve complex client problems in order to ensure a high standard of nursing service
- Flexibility to adapt to change
- Ability to work independently when necessary
- Excellent assessment and organizational skills
- Ability to think critically and creatively
- Ability to make accurate nursing assessments and implement best practices
- Knowledge of MS Office (Word, Excel, PowerPoint, Access and Outlook), internet
- Up to date CPR and First Aid
- Ability to work a variable schedule which may include evenings and weekends as required

Application Procedure

1. Forward cover letter and resume to: recruitment@cmhadurham.org
2. Deadline for applications is **September 7, 2018**

CMHA Durham endorses the principles of workforce diversity. All qualified candidates are encouraged to apply; however only those selected for an interview will be contacted. Accommodations are available upon request.