



Canadian Mental
Health Association
Durham
Mental health for all

Association canadienne
pour la santé mentale
Durham
La santé mentale pour tous

Canadian Mental Health Association Durham

Phone: 905-436-8760 or Toll Free: 1-844-436-8760 Fax Number: 905-436-1569

Email: cmha@cmhadurham.org

Website: www.cmhadurham.ca

REFERRAL AND REQUEST FOR COMMUNITY MENTAL HEALTH SERVICES

Using this referral form, please select the program(s) that are most applicable. Please contact us if you have any further questions or visit us online.

Housing and Case Management Services	Provides support to individuals with a mental health diagnoses living in the community. *Currently Housing Case Management only accepts referrals to their case management program.
Caregiver Case Management	Support specific to the individual caregiver with emphasis on education and relief for caregiver stressors for a period of up to 3 months.
Brief Case Management Services	For individuals seeking 1:1 support with a case manager, available for a period of up to 3 months.
Criminal Justice Case Management Services	Case Management support that specializes in criminal justice matters, for a period of up to 3 months.
Referral forms available from our website www.cmhadurham.ca for the following services;	
Assertive Community Treatment Team *Provide 1-2 years of psychiatric history faxed with ACT referral form please	A client-centered, recovery-oriented mental health service for individuals between the ages of 18 to 65 with serious and persistent mental illnesses.
Nurse Practitioner-Led Clinic (Primary Care)	Provides a full range primary care services to clients and their families who do not have a primary care provider.

Client Information

First Name: _____ Last Name: _____ DOB: _____

Address: _____

Telephone: _____ Cell Phone: _____

Permission to Leave messages ☐ Permission to Text ☐

Is there a Mental Health Diagnosis ☐ Yes ☐ No

Is there a Physical Health Diagnosis ☐ Yes ☐ No

Additional Comments: _____

Referral Source: _____

Telephone: _____ Fax: _____