



Job Title: Occupational Therapist

Program: Housing and Case Management Services (HCM)

Reports to: Team Lead, HCM

Canadian Mental Health Association Durham is an integrated community mental health and primary care hub that has been providing mental health services to Durham Region for over 60 years.

During that time, it has evolved to provide a broad range of services to individuals and their families experiencing mental health challenges, from information and education to case management, psychosocial rehabilitation, housing and primary healthcare. These services are provided through inter-professional teams focused on providing clinically based services that, in addition to dealing with client mental health issues, address social determinants of health using the recovery model.

The Housing and Case Management Services Team (HCM) is looking to hire an Occupational Therapist to join the team.

Responsibilities

Case Management Services

- Participates as a member of a high performance, multi-service team managing an assigned caseload of mental health clients within a variety of community settings
- Provides service in an integrated shared care model across all HCM care teams
- Processes client intakes and reviews assessment information by identifying goals and preparing individualized supportive client care plans that promote long- term stability and growth
- Develop, implement, evaluate and revise treatment goal plans in collaboration with clients and care team members
- Ensures that clients understand CMHA Durham services and agree to the expectations related to Housing and Case Management Services using appropriate service agreements
- Works with clients in one-on-one and/or group situations teaching life skills that promote sharing of responsibilities associated with reaching their goals to move onto independent housing
- Provides case management services in a respectful individualized, supportive and flexible manner
- Delivers medications to clients and monitors effectiveness, potential side effects and/or interactions
- Supports and assists clients with maintaining their skills to live independently in the community and promotes safe and healthy living standards ensuring that client's basic needs of food, clothing and shelter are met
- Provides support services to clients assisting with scheduled appointments, arranging transportation to appointments and/or accompanying clients to appointments, as necessary
- Supports clients to establish and foster peer supports and natural family connections
- Establishes supportive therapeutic relationship with clients and advocates for, and with, clients
- Consults and collaborates with community resources and service providers ensuring clients obtain the most appropriate services and receive continuity in their care



- Documents client contacts, creates daily logs, summaries and completes reports in a timely manner, as outlined in the CMHA Durham policies and procedures
- Provides on-call services to clients and acts as back up coverage to staff, as required
- Performs other tasks as assigned by management

Occupational Therapy Services

- Plans, organizes and conducts functional assessments to determine client's skills and needs
- Provides advice, guidance and services to clients relating to assessments, consultations, treatment formulations and clinical interventions
- Participates in treatment groups and provides individual counselling in order to support clients and their families
- Liaises with inpatient and outpatient medical and mental health services, as well as community organizations providing program services to clients
- Acts as liaison within the community providing information, advice and expertise
- Provides skills teaching and modelling of activities of daily living
- Attends professional meetings, educational conferences and designated training workshops, as assigned, in order to maintain up-to-date knowledge and transfer knowledge to staff within the organization
- Provides agency training to internal staff as needed
- Operates in full compliance with the College of Occupational Therapists of Ontario's Code of Ethics and Standards of Practice
- Mentors Occupational Therapy students completing their school related placements

Requirements

- Bachelor or Masters of Science Degree in Occupational Therapy and a minimum of one-year related experience or equivalent combination of education and experience
- Registered member in good standing with the College of Occupational Therapists of Ontario
- Sound knowledge the *Mental Health Act, Health Care Consent Act, Ontario ACTT Standards*, social service benefits and related legislation in Ontario
- Excellent communication (written and verbal) skills and ability to formally present information to individuals or groups in order to develop, implement and monitor care plans
- Ability to develop and maintain positive relationships clients, community, partners and represent the agency in a professional manner at all times
- Ability to make accurate assessments and implement best practices
- Ability to acquire and utilize community resources effectively to meet client's needs
- Flexibility to adapt to change
- Ability to work with individuals of diverse backgrounds
- Ability to work independently and in a dynamic team environment
- Ability to think critically and creatively
- Ability to manage crisis situations
- Valid Ontario Driver's license, access to a dependable vehicle in safe working order and appropriate insurance coverage
- Works a variable work schedule, which includes evenings and weekends
- Knowledge of MS Office (Word, Excel, PowerPoint, Access and Outlook), as well as the internet



Canadian Mental
Health Association
Durham
Mental health for all

Association canadienne
pour la santé mentale
Durham
La santé mentale pour tous

Application Procedure

1. Forward cover letter and resume to: recruitment@cmhadurham.org
2. Deadline for applications is **February 28, 2022.**

CMHA Durham is an equal opportunity employer. All qualified candidates are encouraged to apply; however only those selected for an interview will be contacted. Accommodations are available upon request.